

“LORD, TEACH US TO PRAY...”

How to have a meaningful,
daily holy hour
with God!



“And it came to pass, that, as He was praying in a certain place, when He ceased, one of His disciples said unto him, Lord, teach us to pray...”

Luke 11:1

“The one concern of the devil is to keep Christians from praying. He fears nothing from prayerless studies, prayerless work, and prayerless religion. He laughs at our toil, mocks at our wisdom, but trembles when we pray.”

Samuel Chadwick

Why Pray?

Do you desire to have a deeper life? Do you get your prayers answered? According to a recent survey, most Christians spend 5 minutes or less each day in prayer. "Do you even have a prayer life?" If your answer is "sometimes," "I don't know," or "no," maybe you are not convinced of the importance of prayer.

God's Word commands it. *Isaiah 55:6*, "Seek ye the Lord while he can be found, call ye upon Him while He is near." *Luke 18:1*, "And He spake a parable unto them to this end, that men ought always to pray, and not to faint;" *Ephesians 6:18*, Paul writes: *Praying always with all prayer and supplication in the spirit* *1 Timothy 2:8*, "I will therefore that men pray every where, lifting up holy hands, without wrath and doubting.." Finally, John the Beloved of Christ writes in *1 John 5:14,15*, "And this is the confidence that we have in Him, that, if we ask anything according to His will, He heareth us:" "And if we know that He hears us, whatsoever we ask, we know that we have the petitions that we desired of Him."

Yes, but why pray?

Because we need to. Because there is a devil. Because it is God's appointed way for obtaining things. Because prayer was important to Christ Jesus. Because of what prayer accomplishes. Robert Murray McCheyne once said, "What a man is, he is alone on his knees before God, and no more." Some might say, "But I don't know how to pray." We need to learn how to pray. We don't learn to pray by reading about prayer or hearing sermons on prayer, but by praying. Mr. S.D. Gordon wrote: "The greatest thing anyone can do for God and man is pray. It is not the only thing; but it is the chief thing. The great people of the earth today are the people who pray. I do not mean those who talk about prayer; not even those who say they believe in prayer, nor yet those who can explain about prayer, but I mean those people who take time to pray."

What is Prayer?

D.L. Moody was once addressing a crowded meeting of children in Scotland and in order to get their attention he asked, "What is prayer?" He expected no answer, but scores of hands were raised. One little boy answered quickly and precisely, "Prayer is an offering up of our desires unto God for things agreeable to His will, in the name of Christ, with confessions of our sins and thankful acknowledgment of His mercies." Moody was pleasantly surprised. However, I wonder how many Christians today could give that kind of definition of prayer? What would you say? What does prayer mean to you? Most Christians would simply say, "Prayer is asking things from God." Prayer is not just a way to get things from God, but rather a way to get to know God—intimately.

Prayer is communion with God...prayer is a sense of God's presence. Prayer is turning the soul to God *Psalm 25:1*, "To You, O Lord, I lift up my soul." Prayer is loving God, prayer is knowing God.

E.M. Bounds stated, "Prayer is the channel through which all good flows to men. Prayer is the privilege, a sacred, princely privilege. Prayer is a duty, an obligation most binding, and most imperative, which should hold us to it. But prayer is more than a privilege, more than duty. It is appointed condition of getting God's aid. It is the avenue through which God supplies man's wants."

Prayer is asking. "Ask, and it shall be given you, seek, and ye shall find; knock and it shall be opened unto you; For every one that asketh receiveth, and he that seeketh findeth; and to him that knocketh it shall be opened" *Matthew 7:7,8*.

What is Prayerlessness?

A person that prays not at all, ever, need to be saved.

Prayerlessness is that state where one prays:

- Less than he ought;
- Less than the Father desires:
- Less than that one himself knows he should.

Prayerlessness is a sin, not just a weakness.

1. In *1 Samuel 12:23*, the Bible says: "Moreover as for me, God forbid that I should sin against the Lord in ceasing to pray for you..."

2. Many scriptures require Christians to pray. *1 Thessalonians 5:17*, “**Pray without ceasing,**” *Luke 18:1*, “**And He spake a parable unto them to this end, that men ought always pray, and not to faint;**” *Ephesians 6:18*, “**Praying always with all supplication...**”
3. It leaves the door open for other sin, *Mark 14:38*, “**Watch ye and pray, lest ye enter into temptation...**” A sin can only be dealt with by repentance, confession, forgiveness and cleansing.

Why don't we get our Prayers answered?

We don't get our prayers answered because:

1. We don't pray. *James 4:2*, “**Ye have not because ye ask not.**”
2. We pray selfishly. *James 4:3*, “**Ye ask, and...ask amiss, that ye may consume it upon your own lusts.**”
3. We pray for show. *Matthew 6:5-7*, “**And when thou prayest, thou shalt not be as the hypocrites are...**”
4. We tend to give up too soon. *Luke 11:5-10*, “**And I say unto you, ask, and it will be given unto you; seek, and ye shall find...**”
5. We don't qualify. *James 5:16*, “**Confess your faults to one another, and pray for one another, that ye may be healed. The effectual fervent prayer of a righteous man availeth much.**”
6. We harbor unconfessed sin. *Psalms 66:18*, “**If I regard iniquity in my heart, the Lord will not hear me.**”
7. We aren't diligent. *James 5:16*, (see #5 above)
8. We don't expect to get prayers answered. *Matthew 9:29*, “**According to your faith, be it unto you.**”

How to have a Holy Hour

1. **Confession**
Sin is the roadblock to prayer, early in your prayer time confess –“agreeing with God about my sin.” *Psalms 139:23, 24*, “**Search me, O God, and know my heart...**” “**And see if there be any wicked way in me, and lead me in the way everlasting.**”
Psalms 51:10, 11, “**Create in me a clean heart...**” “**Cast me not away from thy presence...**”
1 John 1:9, “**If we confess our sins, He is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.**”
2. **Praise**
The second step is praise. Praising God for who and what He is *Psalms 63:3*, “**Because thy loving kindness is better than life, my lips shall praise thee.**” *Psalms 34:1-3*, “**I will bless the Lord at all times...**” “**O magnify the Lord with me, and let us exalt His name together.**”
Praise His: Goodness, Patience, Love, Wisdom, Greatness, Knowledge, Power, Holiness, Glory, and Grace.
3. **Waiting**
The third stage is simply waiting on God. No talking, no thinking, simply placing your mind in neutral and “*being quiet in God's presence.*” *Psalms 37:7*, “**Rest in the Lord, and wait patiently for Him...**”
Note: the words, “*Rest in the Lord*” in the original Hebrew context mean, “*Be still in the Lord.*”
4. **The Word**
The fourth stage involves God's Word. When we pray we are speaking to God. When we read God's Word, God is speaking to us. When you open your Bible, asking God to bless the reading of His Word granting you concentration and understanding. *1 Timothy 3:17*, “**All scripture is given by inspiration of God,**” *Psalms 2:8*, “**Ask of me, and I shall give thee...**” Remember: this Bible reading is not for the purpose of preparing to teach to preach to others, but for your own edification in the preparation in prayer.
5. **Intercession/Supplication**
At this point you are ready to come boldly into God's presence with intercession and supplication.
Note: Intercession is praying for others asking God to intercede on their behalf. This is not selfish,

intercession is love on its knees. Make a list of others that you wish to uphold in prayer. Supplication is urgent praying for others needs. *1 Timothy 2:1, 2*, Paul wrote: **“I exhort therefore, that, first of all, supplications, prayers, intercessions, and giving of thanks, be made for all men.”** **“For Kings, and for all that are in authority...”** Notice: Paul said pray for all men, particularly people in authority. You may not like your President, Governor, etc...but we are commanded to pray for them.

6. **Petition**

Step six involves petition. This is the asking God for oneself. There is nothing wrong with asking God for personal needs as long as they are Godly things. Speak to the Father from your heart. Do not repeat some rehearsal and repetitious prayer. In *Matthew 7:7*, **“But when ye pray, use not vain repetitions, as the heathen do...”** *James 4:2*, **“...yet ye have not, because ye ask not.”**

7. **Thanksgiving**

At this point, it is important to thank God. There is a difference between thanksgiving and praise. Praise can be defined as: “the pouring out of the heart in adoration to God.” Praising God just because of all the wonderful things, He is. Thanksgiving can be defined as: “enumerating those things we are grateful for.” We need to thank God not only for what He has done for us, but also for what He will do. Paul wrote in: *Philippians 4:6*, **“Be careful for nothing; but in everything by prayer and supplication with thanksgiving let your requests be made known unto God.”** In *Psalms 100:4*, the Psalmist wrote: **“Enter into His gates with thanksgiving, and into His courts with praise: be thankful unto Him, and bless His name.”**

8. **Singing**

The next step in your hour with God is singing. Singing scripture back to the Lord is one of the highest forms of worship and praise. There are many songs in the hymnal to be sung to the Lord. *Psalms 100:2*, states **“Serve the Lord with gladness: come before His presence with singing.”** In *Ephesians 5:19*, Paul says: **“Speaking to yourselves in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord.”**

9. **Meditation**

Next comes meditation. The difference between waiting (as in step 3), and meditation. While waiting on God, the mind is in neutral whereas when meditating, our minds are very active pondering spiritual things. *Joshua 1:8*, says: **“This book of the law shall not depart out of thy mouth; but thou shalt meditate therein day and night...”** *Psalms 1:1, 2*, states: **“But His delight is in the law of the Lord; and if in His law doth he mediate day and night.”**

10. **Listening**

Step ten involves listening. Listen for the voice of God and wait for specific instructions concerning the activities of the day. *Ecclesiastes 5:2*, **“Be not rash with thy mouth and let not thine heart be hasty to utter anything before God: for God is in heaven, and thou upon earth: therefore let thy words be few.”**

11. **Psalms**

Earlier in your prayer time, you read the Word and allowed God to speak to you. Now pray the Word back to God. The book of Psalms is full of personal prayers. *Psalms 92:2*, reads **“It is a good thing to give thanks unto the Lord, and to sing praises unto thy name, O most high”** *Psalms 147:1*, **“Praise ye the Lord: for it is good to sing praises unto our God; for it is pleasant; and praise is comely.”**

12. **Praise**

Begin your prayer time with praise just as you should end your prayer time with praising God. This is an important step in your prayer hour. *Psalms 150*, extols the virtue of praise. *Psalms 50:23*, **“Whoso offereth praise glorifieth me: and to him that ordereth his conversation aright will I shew the salvation of God.”**

What is Prayer?

Prayer is talking to God and sharing your heart and mind in much the same way as you would share things with your closest friend. It is a communion or intimate relationship that we have with God through Jesus Christ His son. Many times prayer is just not talking to God but taking time to listen to His voice through His Holy Spirit or through His Word as we read and meditate upon it. Without a strong prayer life it is impossible to have that close personal relationship with Jesus Christ that our heavenly father desires us to have. I heard someone say one time, “Little prayer, little power, some prayer, some power, and much prayer, much power.” God is not the limiting factor in our powerless lives, but we limit God by our inadequate prayer lives. In *1 Corinthians 2:9* it says, **“No eye has seen, no ear has heard, no mind has conceived what God has prepared for those that love him.”** In our prayer life is when we tell God how much we love Him and how thankful we

are for all He has done for us. The answer is found in seeking after the heart of God just as King David did. We read in the Psalm many of the prayers of King David and how he desired to be close to God. We read in the Gospels how God's only son, Jesus Christ would rise early in the morning on a daily basis to talk with His heavenly Father. You know Jesus felt it was absolutely necessary for Him to talk with His Father every day to seek His guidance and His will in everything that he said and did. How much more so necessary for us to seek Him on a daily basis to seek His guidance and will for our lives in everything we say and do. I admonish you to seek God in prayer and to keep the reading of His Word closely entwined as you seek after the heart of God and He will begin to reveal His mysteries and secrets to you.

FASTING = "PRAYER WITHOUT WORDS" DISCIPLINE FROM FOOD FOR SPIRITUAL PURPOSE

Matthew 4:2

Jesus fasted for 40 days and nights. (Tempted by satan)

Exodus 24:18

Moses fasted for 40 days and nights. (Tabernacle/Ark)

Exodus 34:28

Moses fasted 40 days and nights without food or water. (Ten Commandments)

I Kings 19:8

Elijah fasted 40 days and nights without food or water. (God spoke to him)

TYPES OF FAST

Normal fast = abstaining from all food and liquid, except water.

Matthew 4:2

Jesus fasted 40 days and nights (Tempted by satan)

Exodus 24:18

Moses fasted 40 days and nights (Tabernacle/Ark)

Absolute fast = abstaining from food and water.

Esther 4:16

Queen Esther

Acts 9:9

Saul blind

Exodus 34:28

Moses (Ten Commands)

Deuteronomy 9:9

Moses (Ten Commandments)

Deuteronomy 9:18

Moses praying for sin of Israelites, GOD re-writes Ten Commandments

I King 19:8

Elijah

Partial fast = Diet restriction

Daniel 10:2, 3

New Testament Church practiced fasting... Acts 13:2, 3

PURPOSES FOR FASTING WITH PRAYER

1. *TO HONOR GOD*

..... Matthew 6:16-18
..... Unto thy Father which is in secret.
..... Zechariah 7:5
..... Was it really for me that you fasted?
..... Luke 2:37
..... She worshiped night and day, fasting and praying.
..... Acts 13:2
..... They were worshiping the Lord and fasting.

2. *TO HUMBLE ONE'S SOUL BEFORE GOD*

..... Ezra 8:21
..... So that we might humble ourselves before God.
..... Psalm 69:10
..... When I weep and fast.
..... I Peter 5:6
..... Humble yourselves under God's mighty hand.

3. *TO MOURN OVER SINS OF THE CHURCH, NATION, AND WORLD*

..... I Samuel 7:6
..... They fasted and confessed sin against God.
..... Nehemiah 9:1-2
..... They fasted and confessed their sins.

4. *TO DRAW NEAR TO GOD AND TO PREVAIL IN PRAYER AGAINST OPPOSING SPIRITUAL FORCES*

..... Judges 20:26
..... All the people went up to Bethel and wept to God.
..... Ezra 8:21-23, 31
..... We fasted and petitioned our God about this.
..... Jeremiah 29:12-14
..... Seeking God with all your heart.
..... Joel 2:12-13
..... Rend your heart and return to God.
..... Luke 18:3
..... The widow that prevailed in her plea for justice.
..... Acts 12:5
..... The church earnestly prayed for Peter in prison.

BAPTISM AND COMMUNION

Some churches use the term sacraments instead of ordinances. Sacraments, however, carries for many people the idea that a spiritual work takes place in a person when the sacrament is received or experienced. Christians choose to call Water Baptism and Holy Communion ordinances because they are religious practices ordained or established by Jesus himself.

In fulfilling these spiritual duties, Christians are reminded of an important work that has already taken place in the heart of the believer.

Baptism in Water

The ordinance of baptism by immersion in water (not sprinkling) is commanded in the Scriptures (Mark 16:16). All who repent and believe on Jesus Christ, as personal Savior and Lord are to be so baptized. This act of baptism symbolically declares to everyone that the old sinful life and life-style of the baptized believer died with Christ at salvation and a new spiritual being has been raised with Christ (in His resurrection) to live a new life (Matthew 28:19; Mark 16:16; Acts 10:47-48; Romans 6:4).

Holy Communion

The Lord's Supper or Communion, consisting of bread and the fruit of the vine (grape juice), is a memorial of Christ's suffering and death (1 Corinthians 11:26). In eating and drinking the symbols

of Christ's suffering and death, the believer expresses his awareness that through salvation he, (1) has been made right with God, and (2) shares the divine nature of eternal life through our Lord Jesus Christ (2 Peter 1:4). The ordinance also looks forward to Christ's second coming (1 Corinthians 11:26) for it is a reminder to proclaim the Lord's death "until He comes!"

THE POWER OF AGREEMENT IN PRAYER

Matthew 18:18-20
Joshua 23:10

Exodus 17:8-13
Deuteronomy 32:30

YOUR POWER IN PRAYER IS INCREASED TEN FOLD BY PRAYING IN AGREEMENT WITH ANOTHER PERSON!

The results of the power of agreement:

Victory	Exodus 17:12
Escape Temptation	Matthew 26:38-41
Right Decisions	Acts 1:23-24
Holy Spirit	Acts 2:1-2
Miracles	Acts 3:1 & 4
Great Power	Acts 4:31-33
Abundance	Acts 4:34
Release and Freedom	Acts 12:5-12
Deliverance	Acts 16:24-25; Romans 15:30-31; II Corinthians 1:9-11
Ministry of Boldness	Ephesians 6:18-20
Opens Doors	Colossians 4:2-3
Frees the Word	II Thessalonians 3:1-2

WHY DIDN'T YOU TELL ME?"

Pulling people out of hell, gnashing of teeth!
 Revelations 20:12-15 Book of Life.
 Luke 16:19-24 Lazarus
 Luke 15:11-13 Prodigal son wasted it all.
 Luke 15:14-17 He came to his senses.
 I Corinthians 15:33-34 Character and came to his senses.
 Luke 15:18-19 Admits he has sinned.
 Luke 15:20-24 Father runs to him and forgives.
 Matthew 7:13-14 Narrow gate.
 Rachel Joy Scott "Little female lamb."
 Luke 23:39-43 Jesus forgives a criminal on cross.

"MISSION IMPOSSIBLE"

Luke 1:37 For with God nothing shall be impossible.
 Genesis 17 & 21 Abraham and Sarah make a baby.
 Romans 4:3 Abraham believed God and it counted for righteousness.

Forgiveness may seem like a mission impossible.

Exodus 14 Moses parts Red Sea
 Luke 18:27 Things which are impossible with men are possible with God

10 Lepers healed. You must put action to your faith.

Remember Daniel prayed and fasted 21 days. King Saul pursued David for years and Joseph was in prison for years.

Smith Wigglesworth said, "What I see doesn't move me, what I feel doesn't move me, but what I believe moves me.

What do you believe? Remember, "For with God nothing shall be impossible!"

PULLING OUT THE WEEDS

I Thessalonians 4:3-8
Luke 6:36-37
Matthew 6:14-15
Romans 15:1-2
Luke 12:48
I Corinthians 13:11

Luke 6:27-29
John 12:1-5
Matthew 5:44
Matthew 7:21-23
I Timothy 4:12

"THE PRISON AND HIS PRESENCE"

II Timothy 3:1-5.....Prison of sin.
Self, pride, lies, language, fear, depression, pleasures
Genesis 39:19-23..... Joseph in prison.
Genesis 50:18-21..... God brings good.

David lives in caves for 10 years, Saul tries to kill 23 times.

*****NEVER GIVE UP - WINSTON CHURCHHILL*****

For with God all things are possible.

I can do all things through Jesus Christ who strengtheneth me.

Mark 6:17-28..... John the Baptist "I must decrease, He must increase."
Acts 16:22-25..... Paul and Silas
Acts 16:26-34..... Joy of Knowing God.
II Corinthians 11:22-27..... Paul's sufferings.
II Timothy 4:6-7..... Fought a good fight, kept the faith, finished the race.

Barabas and Jesus
Grace, Grace, God's Grace

POWER

IN THE WORD!

The Word of God is...

1. *God-breathed (Inspired by God)*

II Timothy 3:16-17

A. Must accept all Scripture - not just some.

B. We cannot put our idea or philosophy into Scripture because our thoughts will distort God's message.

C. Revelation 22:18-19

2. *Our "Manual" for Life*

Psalm 119

A. We cannot know it unless we read it!

B. We cannot just know it; we have to live it! (James 1:22-24)

C. Psalm 119:105

3. *A Weapon against Temptation*

Psalm 119:11; Matthew 4:3-11

A. When we speak and pray the Word - the devil must flee. (James 4:7)

B. The more we know the Word the better equipped we are to battle the enemy.

C. Ephesians 6:10-20

4. *A Portrait of God*

John 1:14

A. Since God does not change (James 1:17), His Word cannot change.

B. Both the Old and New Testament paint a beautiful picture of our awesome God!

C. Isaiah 55:8, 9; Romans 11:33 - Our God is Awesome!

You should try...

Reading Daily

Reading consistently

Asking the Holy Spirit to give you understanding

Getting an accountability partner

Letting the Word of God become your spiritual food

Praying the Word of God

Reading Psalm 119 once a day for two weeks, after that, once a week

“For as the rain and the snow come down from Heaven, and do not return there without watering the earth and making it bear and sprout, and furnishing seed to the sower and bread to the eater; so will My Word be which goes forth from My mouth; it will not return to Me empty, without accomplishing what I desire, and without succeeding in the matter for which I sent it.”

Isaiah 55:10-11

Galatians 5: 16 - 21 Walk in the Spirit.

Galatians 6: 7 - 9 Reap what we sow.

“How To Win The Battle Over The Flesh”
You must kill your flesh or your flesh will kill you!!

Romans 8: 4 - 9 Walk not after the flesh.

Romans 8: 13 - 14 Live after the flesh, ye shall die.

Ecclesiastes 7: 2 House of mourning, house of feasting.

1. By Filling Yourself With The Word Of God.
 Psalms 119: 97 How I love thy law.
 Psalms 119: 101 That I might keep thy word.
 Psalms 119: 103 - 105 Lamp to my feet, light to my path.
 Psalms 119: 133 Order my steps in thy word.
 1 Peter 2: 2 Desire the sincere milk of the word.
 2 Timothy 2: 15 Study to show yourself approved.
2. By Committing To Watch & Pray.
 Matthew 26: 36 - 38 Sleeping in the Garden of Gethsemane.
 Matthew 26: 40 - 44 Watch & Pray
3. By Refusing To Participate In Ungodly Behavior.
 Titus 2: 12 Denying ungodliness & worldly lust.
 Denying = Forbid, forsake, refuse, oppose.
 Movies, Internet, Partying, Language, E-mails - spam
4. By Recognizing & Fleeing Temptation.
 Joseph & Potiphars wife.
 Genesis 39: 7 - 8 Lie with me, but he refused.
 Genesis 39: 9 Could not sin against God.
 Genesis 39: 10 - 12 Joseph fled.
5. By Refusing To Be Lured By Your Lust.
 2 Samuel 11: 1 - 5 David/Bathsheba. When Kings go to Battle.
 Proverbs 6: 25 Lust not after her beauty.
 Matthew 6:22 23 Light of the body is the eye.
 Revelation 3: 18 Anoint thy eyes with eyesalve so you can see
6. By Submitting Yourself to the Lordship of Christ.
 James 4: 7 Submit yourself therefore to God.
 Submission = Give in, surrender, yielding.
7. By Radically Resisting The Devil.
 James 4: 7 Resist the devil and he will flee.
 Resist = Battle, buck, combat, defy, refuse.
 2 Corinthians 10: 3 - 5 Casting down imaginations.
8. By Aggressively Looking For An Escape.
 1 Corinthians 10: 13 Also make a way to escape, that ye may be able to bear it. (tolerate, endure)
9. By Choosing to Hang Out With the People of God.
 1 Corinthians 15: 33 Bad company corrupts good character.
 1 Peter 2: 9 - 11 Peculiar people, strangers, pilgrims.
10. By Learning Satan's Devices & Strategies.
 Ephesians 6:12 We wrestle not against flesh & blood.
 2 Corinthians 2: 11 For we are not ignorant of his devices.
 What If (GOD)
11. Deciding to Obey the Lord in Every Area of Your Life.
 1 Samuel 15: 22 - 23 To obey is better than sacrifice.
 The suffering & death of Jesus on the cross & the resurrection.

GOD'S WORD IS ALWAYS THERE FOR YOU!

HERE'S WHERE TO LOOK WHEN...

You're lonely:

John 14:18
Revelation 3:20
2 Corinthians 6:18

You're afraid:

Luke 12:29-32
Hebrews 13:6
John 14:27

Problems seem too big for you to handle:

John 16:33
Matthew 11:28
Romans 8:28

You don't know what to do:

1 Peter 5:7
James 1:5-6
Phillipians 4:9

You've lost hope:

John 3:16
Isaiah 43:2-3
Phillipians 4:19

“God is waiting on you with arms of love and mercy.”

“SPEAKING GOD’S WORD & FAVOR OVER MY LIFE”

With God nothing shall be impossible. Luke 1: 37

Be still & know that I am God.....Psalm 46: 10

God’s word is a lamp unto my feet & a light unto my path..... Psalm 119: 105

I will hide God’s word in my heart so that I will not sin against Him..... Psalm 119: 11

I will take up the Shield of Faith that is able to quench ALL the fiery darts of the enemy. Ephesians 6:16

Let me be Salt & Light to all people. Matthew 5: 13 – 16 I ask God for you to give me divine appointments in Jesus name!! Let my heart be sensitive to those special times.

Favor with God gives favor with man! God is faithful & He loves me!

God is a rewarder to those that diligently seek Him..... Hebrews 11: 6

I will prosper & be in health even as my soul prospers..... 3 John 1: 2

I praise you because I am fearfully & wonderfully made; your works are wonderful, I know that full well. Psalm 139:14

I am created in the image of God..... Genesis 1: 26 - 27

God who speaks life to the dead & calls things that are not as though they are. Romans 4:17

The former things have taken place but God says He is doing a new thing. Isaiah 42:9

Greater is He that is in me than he that is in the world..... 1 John 4: 4

Jesus is a friend who sticks closer than a brother. He will never leave me or forsake me.... Proverbs

I can do ALL things through Christ Who strengthens me..... Phillipians 4: 13

All things work out together for good to those that love God & are called according to His purpose....

God never allows more on us than we can bear, but for every temptation, He always provides the way out..... 1 Corinthians 10: 13

Fear not for I am with you; Be not dismayed, for I am your God. I will strengthen you, Yes, I will help you. I will uphold you with my right hand. Isaiah 41: 10

Read Hebrews 11 & 12 & Ephesians 6:10 – 18 Armor of God: Belt of Truth, Breastplate of Righteousness, Shoes of Peace, Shield of Faith, Helmet of Salvation, & Sword of the Spirit. Pray without ceasing!!!!!!

“HOW TO BE STRONG IN THE LORD”

Armor of God: Ephesians 6: 10 - 18

10 – 13 Be Strong in the Lord & his mighty power. Put on the full armor of God so that you can take your stand against the devil’s schemes. Our struggle is not against flesh & blood, but against rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Ephesians 6: 10 – 13

14 Belt of Truth: Stand firm then, with the Belt of Truth buckled around your waist. Be honest with yourself. Be honest with God. Be honest with others. Jesus is the Way, Truth, & Life. No one comes to the father except through me. John 14:6 Then you will know the Truth and the Truth will set you free. John 8:32

14 Breastplate of Righteousness: With the Breastplate of Righteousness in place. Blessed are the pure in heart for they shall see God. Matthew 5:8 Create in me a clean heart oh God and renew a right spirit in me. Psalm 51:10 Written not with ink but with the Spirit of the living God, not on tablets of stone but on tablets of human hearts. 2 Corinthians 3:3 Serve and love God with all your Heart, Mind, Soul, and Strength.....

15 Shoes of Peace: Your feet fitted with the readiness that comes from the gospel of Peace. Blessed are the Peacemakers for they shall be called the sons of God. Matthew 5:9 Trust in the Lord with all your heart; and lean not to your own understanding. Proverbs 3:5 God will be your peace during any battle in your life. Trust in Him!

16 Shield of Faith: Take up the Shield of Faith that is able to quench ALL the fiery darts of the enemy. Have Faith in God! I will not fear for God is with me. “Fear Not” in the Bible 365 times.

**Faith = Evidence of things not seen but the substance of things hoped for. Hebrews 11: 1
By Faith Abel.... By Faith Enoch.... By Faith Noah.... By Faith Abraham... By Faith Moses... By Faith Rahab the harlot... Hebrews 11 With God nothing shall be impossible. Luke 1:37**

Faith cometh by hearing and hearing by the word of God. Roman 10:17

If you have faith as small as a mustard seed, you can say to this mountain, Move from here to there and it would move, and nothing would be impossible to you. Matthew 17:20

17 Helmet of Salvation: Take the Helmet of Salvation.

Think on these things: whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable – if anything is excellent or praiseworthy – think about such things. **Phillipians 4:8**

We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ. **2 Corinthians 10:5**

The Lord is my Light & my Salvation – whom shall I fear? The Lord is the Stronghold of my life – of whom shall I be afraid? **Psalm 27:1**

17 Sword of the Spirit: Take the Sword of the Spirit, which is the Word of God.

The word of God is alive and active. Sharper than any two-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts & the attitudes of the heart.

Hebrews 4:12

Your word have I hid in my heart that I might not sin against you. **Psalm 119:11**

Your word is a lamp to my feet and a light for my path. **Psalm 119:105**

His delight is in the law of the Lord & on his law he meditates day and night. **Psalm 1:2**

18 Pray in the Spirit on all occasions with all kind of request. With this in mind be alert & always keep on praying for all the saints.

Pray without ceasing..... Stay in an attitude of prayer. Pray for others!

Just talking & sharing your heart with God. All the hurts, pains, questions, doubts, fears, and anything you want to talk to Him about.

Prayer of: forgiveness, thanksgiving, praise, worship, petition, intercession, & sing to God.

Intercede for Others! Love Others! Jesus Loves & Intercedes for us!! Forgive Others!

After Job prayed for his friends, the Lord made him prosperous again & gave him twice as much as before. **Job 42:10** **Forgiveness, love, prayer!** Testimony of forgiveness & love.

We overcome by the Blood of the Lamb & Word of our Testimony..... **Revelation 12: 11**

SPEAK GOD'S WORD OVER YOUR LIFE! SPEAK LIFE!!!!!! SPEAK LIFE!!!!!! SPEAK LIFE!!!!!!

NEVER, NEVER GIVE UP! WITH GOD NOTHING SHALL BE IMPOSSIBLE! LUKE 1:37

“BE STRONG IN THE LORD & IN THE POWER OF HIS MIGHT”

“Daily Warriors Prayer”

Heavenly Father, Your warrior prepares for battle

Today I claim victory over satan by putting on the Whole Armor of God!

I put on the Belt of Truth!

May I stand firm in the Truth of Your Word so I will not be deceived by satan’s lies.

I put on the Breastplate of Righteousness!

May it guard my heart from evil so I will remain pure & holy covered under the blood of Jesus Christ!

I put on the Shoes of Peace!

May I Stand Firm in the Good News of the Gospel of Your Peace.

May the Peace of Christ shine through me so I will be Salt & Light to everyone I encounter.

I take up the Shield of Faith!

May I be ready for satan’s fiery darts of doubt, discouragement, fear, & deception.

That I may hold the Shield of Faith High and be Victorious in the Battle of Life.

I put on the Helmet of Salvation!

May I keep my mind focused on Jesus Christ so the enemy cannot gain a foothold in my thoughts.

I take the Sword of the Spirit!

May the two-edged Sword of Your Word be ready in my hands.

So I can expose & defeat satan in every attack that comes against me.

By Faith your warrior has put on the Whole Armor of God!

I am prepared to live this day in complete spiritual victory!

In Jesus name, Amen!!